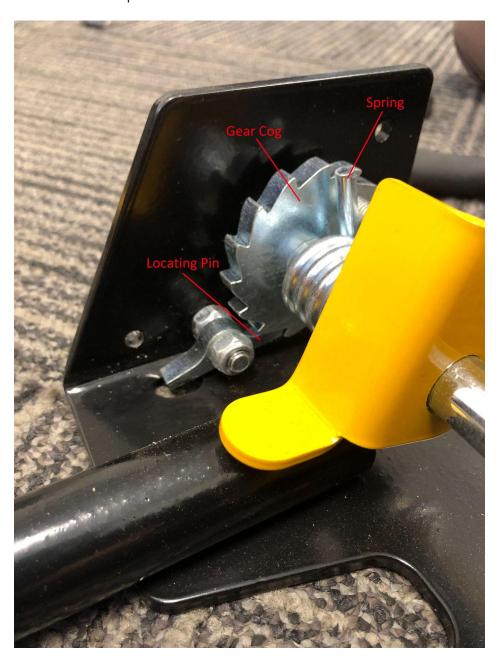
## Virgil Tension Adjustment

To tighten the spring in the virgil, please follow these simple steps. You will need:

- 8mm Socket
- Vice Grips



STEP 1: Using an 8mm socket, remove and set aside the three smaller fittings on each side of the Virgil Rack.



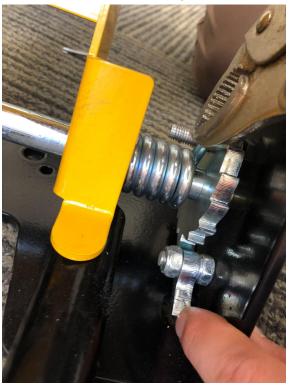
STEP 2: Once fixings are removed - lift out the spring cover.



STEP 3: Use vice grips (or similar) to grip the end of the spring closest to the outer of the rack.



STEP 4: Apply pressure by pulling back the spring whilst turning the gear cog in the same direction and set the locating pin in the next slot on the cog.



STEP 5: Repeat the same steps on the other side of the rack and replace each spring cover once complete.

